



May 2010 Parent Courses and Activities

Date	Time	Program	Instructor/Presenter	Location
May 5	9 a.m.	Learning Never Stops: Adult Literacy Resources	Washington Literacy Council	Stanton ES (2701 Naylor Road, SE) 202-645-6619
May 5 and 19	10 -11 a.m.	Learn to Support Your Child with Autism	Erin Houlihan, MT, BCBA	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374
May 5, 12, 19, 26	6 p.m.	Family Book Club	Marketta Wiley, Office of Family and Public Engagement	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374
May 6, 13, 20, 27	4:45 – 7:15 p.m.	Fit Family	Children's National Medical Center	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
May 8 and 22	9:30 a.m. -12 p.m.	Saturday Learning Partnership	Mildred Lockridge and Crystal Powell, Office of Family and Public Engagement	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
May 11 and 25	10- 11 a.m.	Neighborhood Story Circle	D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
May 15, 22, 29	10 a.m.	STAR (Sing, Talk and Read): Early Childhood Literacy Tools	D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
May 18	5 p.m.	Capital Currency	Girl Scout Council of the Nation's Capitol	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374
May 18	6 p.m.	Jumpstart on Summer	Office of Family and Public Engagement	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374
May 18	6 -7 p.m.	Gang Involvement Prevention	Columbia Heights/Shaw Family Support Collaborative	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
May 19	9 a.m.	Time Management and Support for Single Parents	Octavia Shaw and Neal Ables, Office of Family and Public Engagement	Stanton ES (2701 Naylor Road, SE) 202-645-6619
May 20	10 a.m. – 3 p.m.	Child Safety Fair	Office of Latino Affairs and National Center for Missing and Exploited Children	Marie Reed LC (2200 Champlain St NW) 202-671-2823
May 22	10:30-11:30 a.m.	"Take 25" Child Safety Awareness	National Center for Missing and Exploited Children	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
May 24	6- 7 p.m.	What Every Parent/Guardian Should Know about STDs and Adolescents	Office of Youth Engagement, Department of Health	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
May 25	All day	"Take 25" Child Safety Awareness	Office of Family and Public	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th

			Engagement	St, NW) 202-673-2028 PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374 PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
May 26	3:30-4:30 p.m. 6 – 7 p.m.	Using Bookflix (on-line literacy tool)	D. C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028

Activities

Date	Time	Event	Instructor/Presenter	Location
May 12	4 – 5 p.m.	Early Stages Screening	Jameeka Flowers, Early Stages	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol St., SE) 202-645-4374
May 6, 13, 20, 27 Every Thursday	6 - 7:30 p.m.	Game Changers	Neal Ables, Office of Family and Public Engagement	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619

Book Flix: The DC Public Library has a free and interactive on-line literacy resource, Bookflix. Join us to learn how to access and use more than 100 on-line stories and activities with your children.

Capital Currency: The program is a fun way to introduce your child to the world of finance and financial responsibility. You'll play a game with the goal of Balanced Budgeters, Savvy Savers, Intelligent Investors, Clever Credit-Holders and more! Facilitated by the Girl Scout Council of the Nation's Capitol.

Family Book Club: Spend time with your child and other families reading books, playing games and strengthening your child's love for literacy. Families receive a free book to take home during each Family Book Club and light refreshments will be served. For ages 6 and under.

Fit Family – Education, Fitness, and Overall Wellness: This seven-week course includes nutrition education, fitness, and a healthy snack every week for the whole family. You will learn how to cook and eat healthier, have a more active lifestyle, receive a 2 year membership to the Boys and Girls Club, and be eligible for raffles, prizes, and giveaways. This is a free, fun program for parents and children (ages 6-18). This course is facilitated by Children's National Medical Center Fit Family Program.

Gang Involvement Prevention: This workshop will teach you about the signs of gang involvement, reasons children join gangs, and ways you can prevent your child from joining a gang. Facilitated by the Columbia Heights/Shaw Collaborative.

Jumpstart on Summer: Come learn about free and low cost summer camps and other opportunities for elementary age students.

Learn to Support Your Child with Autism: There are numerous ways you can continue at home the supports your child receives at school. This series provides information about autism and how to use Applied Behavioral Analysis (ABA) to help your child communicate, play, learn and behave. *Open to all DCPS parents of children with ASDs.*

Learning Never Stops: Adult Literacy Resources: Is it ever too late to improve your reading skills? No! Join us to learn more about learning resources to help you improve your and your child's reading skills. Facilitated by the Washington Literacy Council.

Neighborhood Story Circle: Come celebrate reading and literacy with the PFRC and the D.C. Public Library through reading, singing and dancing. For parents/caregivers and *children ages 0-5.*

Saturday Learning Partnership: This program reinforces Math and Literacy Skills for children in grades Pre-K-12. The unique aspect of this program is that parents and children work *together*. Classes are facilitated by Mrs. Mildred Lockridge and other highly qualified teachers and veteran instructors. Breakfast is provided. *Open to all DCPS parents and students.*

What every parent/guardian should know about STDs and Adolescents: During this interactive workshop, parents/guardians will obtain up-to-date information on how the sexually transmitted disease epidemic is affecting teenagers, signs and symptoms of STDs, common tests and treatments for STDs, prevention of STDs, tips

on speaking with teens about sex and STDs, and available resources. Facilitated by the DCPS Office of Youth Engagement and the DC Department of Health.

STAR (Sing, Talk and Read) Program: These interactive workshops will teach you how to help get your preschool child be ready to read at a young age. Free books and breakfast are provided at each session. *For parents/caregivers with children 3 to 5 years old.*

Take 25: Child Safety Information: “Take 25” is an initiative sponsored by the National Center for Missing and Exploited Children (NCMEC) to inform parents/caregivers how to spend 25 minutes talking to children about safety – in the community, in the house, on-line. Stop by any of the Parent and Family Resource Center to receive an overview of how to “Take 25” with your child and receive free safety materials from NCMEC.

Time Management and Support for Single Parents: You are not alone! Come connect and talk with other single parents, learn how to better manage your time to maximize productivity, and find out about resources available to support single parents.

Activities

Early Stages Screening: Early Stages provides free developmental screenings for children between the ages of 3 and 5. For any child screened who may have a delay (speech, physical, educational, etc.), Early Stages provides a full evaluation and recommendations for services through the District of Columbia Public Schools—all for free. The screening takes approximately 30 minutes.

Game Changers: Game on! Join other fathers/male caregivers ages 30 and over to exercise and discuss the role of men in their children’s education. *Please note: child care is not provided at this program.*

Special Event

Child Safety Fair: You and your child are invited to attend this event sponsored by the Office of Latino Affairs and the National Center for Missing and Exploited Children in support of the “Take 25” Campaign. “Take 25/Toma 25” is a national bi-lingual child safety campaign that encourages parents and guardian to take 25 minutes to talk to their children about safety. Parents will have the opportunity to have their children fingerprinted and photographed and create a child ID card to use if your child should ever become lost or missing. For more information contact the Office of Latino Affairs at 202-671-2823.

For more information about events, call one of the Parent and Family Resource Centers:

Ward 1: 202-673-2028

Ward 7: 202-645-4374

Ward 8: 202-645-6619

Central: 202-442-5036